

# How to Safely Clean Up a Body Fluid Spill

Follow these simple steps to reduce the risk of infection  
and protect yourself and others.

## 1 Assess & prepare



Ensure the area is safe.  
Restrict access to the spill  
and wear PPE.

## 2 Apply granules



Completely cover the spill  
with absorbent granules  
or powder.

## 3 Allow granules to absorb



Allow the granules to  
fully absorb the fluid.  
Do not touch or disturb  
the spill.

## 4 Scoop & dispose



Carefully scoop up the  
granules and dispose of  
them in a clinical waste bag.  
Seal securely.

## 5 Disinfect



Apply disinfectant or  
disinfectant wipes on the area,  
removing any remaining residue.

## 6 Wash your hands



Wash your hands  
thoroughly with soap  
and water.



### Stay safe

Always follow your organisation's  
infection control procedures.



Be prepared



Be protected



Be responsible